



PART OF Bupa

bluaU

A step further in digital medicine

VIDEO CONSULTATION



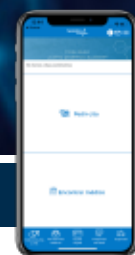
- **All specialities***: general medicine, endocrinology, trauma, etc.
- **Digital consultation today**: you can connect with doctors from 10 specialities on the same day.
- **24 hour emergencies: general and paediatric care**. You can access immediately and without an appointment.
- **Digital healthcare programmes**: professional guidance and care through prevention and healthcare programmes: Personal Trainer, Nutrition, Pregnancy, Child Health, etc.



EXCLUSIVE BLUAU BENEFITS



- **Vital sign measurement****: so that you can monitor your health whenever you wish.
- **Monitor your health****: a medical team from the Sanitas health promotion service will digitally monitor certain profiles..
- **Digital prevention programme**: to help you to prevent diseases by working in areas such as nutrition, exercise and emotional health.



All accessible from the Mi Sanitas app



ADDITIONAL HEALTHCARE AND BENEFITS

You will get the most comprehensive healthcare, as well as the following benefits:

- 80% reimbursement of medical expenses and a limit of €150,000/year.
- 50% reimbursement of the cost of medicines and a limit of €200/year. In addition, we will send them to your home from the pharmacy in under 3 hours (6 deliveries).
- Home tests: the laboratory staff will come to your home to perform the tests (2 tests).
- Access to a network of major appointed centres in the USA.



More than **50,000** professionals



4,200 medical centres



4 hospitals



21 Milenium centres

Terms and conditions:

Without co-payments

Waiting periods

The waiting periods are the following:

Surgical procedures from groups 0 to II according to the OMC***: **3 months**; Complex diagnostic tests and psychology: **6 months**; Child delivery or caesarean section: 8 months; Complex therapeutic methods, tubal ligation/vasectomy, hospitalisation and surgical procedures from groups III to VIII according to the OMC***: **10 months**.

Age for taking out the policy: 0-64 years. Without any guaranteed insurability age limit.

Check our range of optional add-ons: **Clínica Universidad de Navarra, Family Assistance, etc.**

* Includes all specialities that can be treated in a digital consultation.

**These services do not comprise a medical diagnosis from a medical professional. Their purpose is to enhance knowledge of overall wellbeing. They do not diagnose, treat, mitigate or prevent any disease, symptom, disorder or abnormal physical condition. Patients must consult a medical professional or emergency service if they believe they have a medical problem.

***OMC: Organización Médica Colegial.

RANGE OF REIMBURSEMENT ADD-ONS

150,000 REIMBURSEMENT ADD-ON CAPS

Percentage of medical expenses reimbursed	
Recommended services in Spain and abroad	100%
Third-party services in Spain and abroad	80%
Guarantees contracted	
Capital Insured	
Year/person	
TOTAL CAPITAL INSURED	€150,000
Hospital care (total cap)	€115,550
Room (hospitalisation per day)	€1,000
ICU/ CCU (hospitalisation per day)	€1,300
Birth	€5,000
normal birth	
caesarean birth	
Hospitalisation fees (per consultation)	€67
Surgery fees (including surgeon's, assistant's and anaesthetist's fees):	
Group 0 surgery	€40,000
Group 1 surgery	
Group 2 surgery	
Group 3 surgery	
Group 4 surgery	
Group 5 surgery	
Group 6 surgery	
Group 7 surgery	
Group 8 surgery	
Complex diagnostic tests	
Therapeutic methods	

Cont.

RANGE OF REIMBURSEMENT ADD-ONS

150,000 REIMBURSEMENT ADD-ON CAPS

Outpatient care (total cap)	€27,000
Primary care (per consultation)	€100
Specialised care (per consultation)	€150
Land ambulance	€1,200
Dentistry: only extractions, treatment and cleaning	€325
Special care at home and home service	€1,505
Prosthesis: partial fund at the percentage and up to the insured capital cap of the prosthesis and implant materials	€3,750
Pedology	€200
Hospitalisation subsidy per day. If the hospital expenses (THOSE ASSOCIATED WITH PSYCHIATRIC HOSPITALISATION ARE NOT INCLUDED) are not the responsibility of the Insureds, they will be reimbursed.	Daily amount per insured €76
	Max days/year: 90
Psychology	€1,500
Psychiatry	
Rehabilitation and physiotherapy	€2,000
Second Opinion	
Emergency medical care when travelling will be processed through the travel insurance add-on with cover of 100% of medical expenses and a cap of €12,000 person/year	

SANITAS DENTAL 21

Services and prices 2023

Exclusive prices with discounts already applied with Sanitas Dental 21 insurance



SERVICES 2023	PRICES 2023
PREVENTIVE DENTISTRY	
General consultation: examination and diagnosis	incl.
Teeth cleaning	incl.
Topical fluorination	€8.90
Treatment for sensitive teeth	€18.90
Sealant of fissures	€18.90
PAEDIATRIC DENTISTRY (children under 15)	
Consultation	incl.
Teeth cleaning	incl.
Topical fluorination	€8.90
Oral health education	incl.
Sealant of fissures	€18.90
Dental decay index analysis	incl.
Bacterial plaque study	incl.
Intraoral x-ray	incl.
Primary tooth extraction	incl.
Primary tooth filling	€57.50
Pulpotomy without reconstruction	€68.90
Pulpectomy without reconstruction	€103.90
Apexification (full treatment)	€82.90
Pre-formed metal crown	€74.90
Space maintainer	€110.90
Removal of bridge/crown/space maintainer (per tooth)	€33.90
Occlusion guide or stop (per tooth)	€52.50
EMERGENCIES	
Consultation in case of emergency	incl.
RADIOLOGY	
Orthopantomography (panoramic)	incl.
Intraoral scan	incl.
Intraoral camera photographs	incl.
Periapical/bitewing/occlusal radiography	incl.
Computed Tomography scan (Dental CT)	incl.
Orthodontic x-ray study	incl.
Lateral cranium x-ray	incl.
Cephalometry	incl.
Photographs and slides for monitoring and end of treatment	incl.
RESTORATIVE DENTISTRY	
Filling	€57.50
Reconstruction	€69.50
Temporary filling	€17.90
Fiberglass or carbon post	€78.90
Direct pulp capping	€21.50
Indirect pulp capping	€12.90
Therapeutic fluorination (per tooth)	€33.90
Composite veneer	€186.50
Composite veneer reconstruction (per tooth)	€85.90
Aesthetic front reconstruction (per piece) (Highly Aesthetic Composite)	€93.90
Composite veneer polishing (1-3 teeth)	€33.90
Composite veneer polishing (4+ teeth)	€66.90
Laser paraesthesia treatment (per session)	€75.90
Laser Aphtha and Herpes treatment (per ulcer and session)	€75.90
Laser treatment for sensitive teeth (per session)	€33.90
ENDODONTICS	
Symptomatic treatment consultation (opening, instrumentation, drainage)	€23.50
Single root endodontic treatment	€139.90
Dual root endodontic treatment	€197.90
Multi-root endodontic treatment	€244.50
Retro obturation material (MTA)	€98.90
Single root endodontic re-treatment	€212.90
Dual root endodontic re-treatment	€231.50
Multi-root endodontic re-treatment	€283.90
Laser endodontic treatment (per tooth and session)	€67.50
ORAL SURGERY	
EXTRACTIONS	
Extraction (single tooth)	incl.
Impacted tooth (non-third molar) extraction including periapical cysts*	incl.
Extraction via sectioning	incl.
Non-impacted third molar (wisdom tooth) extraction*	incl.
Impacted third molar (wisdom tooth) extraction including periapical cysts*	incl.
Root extraction	incl.
Postoperative check-up (including suture removal)	incl.
SURGERY	
Gum abscess drainage	€31.90
Periapical cyst removal or extraction	€76.90
Mucocoele removal	€58.50
Apicectomy	€110.90
Frenectomy (lingual or labial frenulum)	€57.90

SERVICES 2023	PRICES 2023
Pharyngeal biopsy, intra-oral biopsy	incl.
Orthodontic fenestration (per tooth)	€103.90
Alveolar ridge adjustment (per quadrant)	€130.90
Vestibuloplasty (per quadrant)	€130.90
Torus removal (per quadrant)	€130.90
COSMETIC DENTISTRY	
AESTHETIC SMILE DESIGN	
Digital smile study	€200.90
WHITENING	
Light-activated teeth whitening (per treatment)	€378.50
Combined teeth whitening: light-activated plus mouth tray (per treatment) (mouth trays included)	€459.50
Teeth whitening with trays for home use (per treatment)	€301.50
Dental whitening with mouth trays at home (per arch)	€172.50
Customised mouth tray for teeth whitening (per arch)	€45.50
Internal teeth whitening (per tooth and session)	€65.50
VENEERS	
Highly aesthetic veneer with digital design	€697.90
Lithium disilicate veneer (highly aesthetic)	€639.50
Feldspathic veneer (highly aesthetic)	€639.50
Zirconium veneer (highly aesthetic)	€581.50
Injectable composite resin veneers	€337.50
Temporary veneer	€132.50
Veneers mock-up with digital design	€160.50
Mock-up (aesthetic test) (1-4 teeth)	€143.90
Mock-up (aesthetic test) (>4 teeth)	€253.00
Post-treatment mouth guard with digital design	incl.
Maintenance of highly aesthetic veneers	incl.
Microabrasion and remineralization of enamel	€69.90
PROSTHESES	
FIXED PROSTHESES	
Occlusion analysis	incl.
Diagnostic wax-up (per tooth)	€32.90
Removal of bridge/crown/space maintainer (per tooth)	€33.90
Temporary resin crown	€47.50
Crown or bridge unit over tooth	€348.90
Monolithic zirconia crown over tooth	€401.50
Cosmetic crown or bridge unit over tooth	€453.50
Composite inlay	€261.50
Porcelain inlay	€343.50
Mixed inlay (composite and porcelain)	€290.90
Rebonding	€28.90
Single root castable abutment	€118.50
Multi-root castable abutment	€133.50
Maryland support (unit)	€523.50
Maryland bridge (ceramic) (unit)	€755.90
Attachments	€156.90
Porcelain fixture and/or repair	€93.50
Intraoral porcelain repair (per tooth)	€92.50
Customisation	€24.50
REMOVABLE PROSTHESES	
Removable acrylic (1-3 teeth)	€237.50
Removable acrylic (4-6 teeth)	€381.50
Removable acrylic (7-9 teeth)	€514.90
Removable acrylic (10+ teeth)	€662.50
Temporary full set (one arch, upper or lower)	€394.90
Permanent full set	€534.90
Skeleton (1-3 teeth)	€453.90
Skeleton (4 -6 teeth)	€575.90
Skeleton (6+ teeth)	€778.90
Flexible removable (1-3 teeth) (Flexite, Valplast, etc.)	€615.50
Flexible removable (4-6 teeth) (Flexite, Valplast, etc.)	€662.50
Flexible removable (6+ teeth) (Flexite, Valplast, etc.)	€702.50
Metal reinforcement	€53.50
Simple fixture for broken prosthesis	€86.50
Repair (rebasing) (per apparatus)	€127.50
Repair (add retainer)	€127.50
Repair (add tooth to removable acrylic)	€52.50
Soft rebase in clinic	€97.90
PERIODONTICS	
Periodontal assessment (periodontal chart) (per arch)	€21.90
Periodontal x-ray series	incl.
Root planing and scaling (per tooth) (curettage)	€19.50
Root planing and scaling (per quadrant) (curettage)	€81.90
Periodontal maintenance (one arch)	€40.90
Periodontal maintenance (both arches)	€93.50
Periodontal splinting (per tooth)	€45.50

SERVICES 2023	PRICES 2023
Gingivectomy (1-2 teeth)	€40.50
Gingivectomy (per quadrant)	€52.90
Crown lengthening	€162.90
Crown lengthening (per quadrant)	€517.50
Flap surgery (per tooth)	€52.90
Apical flap repositioning (per quadrant)	€236.50
Regeneration with biomaterials (per 0.5 g unit)	€231.50
Membrane (unit)	€290.90
Free gingival graft	€187.50
Connective tissue graft	€401.50
Peri-implantitis treatment - initial phase (non-surgical) (per implant)	€53.50
Peri-implantitis treatment - advanced phase (surgical) (per implant)	€145.50
LASER TREATMENTS	
Laser Peri-implantitis treatment (per implant and session)	€40.90
Laser Periodontal surgery (per tooth and session)	€33.90
Laser Gingivectomy treatment (per tooth and session)	€33.90
Laser periodontics treatment (per quadrant and session)	€40.90
ORTHODONTICS	
Examination and diagnosis for personalised treatment plan	€92.90
Orthodontic x-ray study	incl.
TREATMENT WITH INVISIBLE ALIGNERS	
Design of invisible braces treatment plan	€340.50
WITH INVISALIGN*	
Invisalign Comprehensive (unlimited): Treatment both arches	€5,522.90
Invisalign Lite (up to 14 aligners): Treatment one arch	€3,804.50
Invisalign Lite (up to 14 aligners): Treatment both arches	€4,418.50
Invisalign Express (up to 7 aligners): Treatment one arch	€1,898.90
Invisalign Express (up to 7 aligners): Treatment both arches	€2,386.90
Invisalign First (unlimited): Treatment one arch	€3,011.50
Invisalign First (unlimited): Treatment both arches	€4,064.90
Invisalign Comprehensive Phase 2: Treatment both arches	€4,232.50
WITH SPARK* TECHNIQUE	
Spark Advanced (unlimited aligners): Treatment one arch	€3,371.90
Spark Advanced (unlimited aligners): Treatment both arches	€4,883.50
Spark 20 (up to 20 aligners): Treatment one arch	€2,557.90
Spark 20 (up to 20 aligners): Treatment both arches	€3,720.50
Spark 10 (up to 10 aligners): Treatment one arch	€1,685.90
Spark 10 (up to 10 aligners): Treatment both arches	€2,034.90
TREATMENT WITH FIXED APPLIANCES	
INTERCEPTIVE TREATMENT	
Up to 12 months treatment with interceptive fixed or removable appliance	€1,569.90
Up to 18 months treatment with interceptive fixed or removable appliance	€2,151.50
METAL BRACES	
Treatment of one arch with fixed metal braces	€2,152.90
Treatment of both arches with fixed metal braces	€2,441.50
CERAMIC BRACES	
Treatment of one arch with ceramic braces	€2,964.90
Treatment of both arches with ceramic braces	€3,255.50
DAMON TREATMENT	
Damon braces: Treatment of both arches (fixed appliance)	€4,069.50
Damon Clear (Aesthetic) braces: Treatment both arches (fixed appliance)	€4,883.50
SELF-LIGATING BRACES	
Treatment of one arch with self-ligating braces	€3,081.50
Treatment of both arches with self-ligating braces	€3,371.90
PARTIALLY CERAMIC SELF-LIGATING	
Treatment of one arch with partially ceramic self-ligating braces	€3,185.90
Treatment of both arches with partially ceramic self-ligating braces	€3,505.90
WITH PARTIALLY CERAMIC SELF-LIGATING TECHNIQUE	
Treatment of one arch with fully ceramic self-ligating braces	€4,208.90
Treatment of both arches with fully ceramic self-ligating braces	€4,679.90
SAPPHIRE BRACES	
Treatment of one arch with Sapphire braces	€3,022.90
Treatment of both arches with Sapphire braces	€3,522.90
ANCILLARY TREATMENTS	
Consultation in latency period	€30.50
Annual post orthodontic maintenance for treatments under Milenium guarantee	incl.
Invisalign refinement apparatus	€446.50

Prices valid until 31st December, 2023.

Incl.!: services included in the insurance cover, with no payment of excess.

(!) In all orthodontics treatments, the price indicated refers to patient and work completed. This price does not include subsequent check-ups.

SERVICES 2023	PRICES 2023
Invisalign replacement apparatus	€171.50
Retainer with Invisalign splint (completion of treatment) (per arch)	€581.50
Spark refining appliance	€678.50
Fixed or removable auxiliary apparatus	€290.90
Extraoral apparatus (includes chin support or face mask)	€290.90
Replacement apparatus due to breakage or loss	€183.90
Apparatus repair due to breakage	€51.90
1st adjustment of metal braces	incl.
1st adjustment of ceramic braces	incl.
1st adjustment of Sapphire braces	incl.
1st adjustment of self-ligating braces	incl.
1st adjustment of aesthetic self-ligating braces	incl.
1st adjustment of Damon braces	incl.
1st adjustment of Damon Clear braces (Aesthetic)	incl.
2nd adjustment of braces (unit)	€13.50
Retainer (completion of treatment) (per arch)	€174.50
Orthodontic mouth guard (for treatments conducted at the same clinic)	incl.
Orthodontic microscrew	€197.90
MARPE technique	€1,151.50
IMPLANTS	
Implant study	€69.50
Osseointegrated implant (unit)	€790.90
Regeneration with biomaterials (per 0.5 g unit)	€231.50
Autologous bone grafting	€280.90
Resorbable membrane (unit)	€290.90
Closed sinus lift	€270.90
Open sinus lift	€383.90
Placement of osteosynthesis material on jaws (includes osteosynthesis screws and tacks and removal)	€394.90
GUIDED SURGERY	
Guided implant surgery study	€401.50
Guided implant surgery supplement (unit)	€200.90
Guided surgery surgical splint	€1,136.50
PROSTHESES OVER IMPLANTS	
Monolithic zirconia crown over implant	€517.50
Aesthetic crown over implant	€552.50
Temporary crown over implant	€194.50
Temporary crown for immediate loading	€238.50
Implant overdentures (per apparatus)	€790.90
Hybrid prosthesis (per arch)	€2,540.50
Metal finishing: supra- and meso-structure (per repaired tooth)	€133.50
Prosthetic abutments (per tooth)	€517.90
Aesthetic prosthetic abutments (per tooth)	€708.90
Prosthetic abutment for immediate loading	€301.50
Locator (per implant) (includes abutment)	€813.90
Attachment over implant (includes anchors)	€230.50
Ackerman-type clips (per implant) (includes abutment)	€406.90
Implant maintenance for Milenium-guaranteed treatments	incl.
Implant maintenance for treatment not covered by Millennium guarantee	€58.50
Overdenture maintenance (includes cleaning and disinfection) for treatments under Milenium guarantee	incl.
Overdenture maintenance (includes cleaning and disinfection) for treatments not under Milenium guarantee	€93.50
Hybrid prosthesis and bar overdenture maintenance (includes cleaning and disinfection) for treatments included under Milenium warranty	incl.
Hybrid prosthesis and bar overdenture maintenance (includes cleaning and disinfection) for treatments not included under Milenium warranty	€139.50
TEMPOROMANDIBULAR JOINT DISORDER	
Occlusion analysis	incl.
Customisation	€24.50
Muscle relaxation splint (Michigan-type) (first adjustment included)	€319.90
Splint adjustment	€46.50
Assembly and study of semi-adjustable articulator	€66.90
Stabilisation splint (simple) (first adjustment included)	€180.50
Laser TMJ treatment (per session)	€75.90
SLEEP APNOEA TREATMENT	
Sleep apnoea consultation	€138.00
Sleep apnoea study	€34.50
Sleep apnoea (splint)	€1,782.50
Sleep apnoea maintenance	€166.90
Sleep apnoea splint adjustment	€977.50

According to the particular conditions of the policy, these services may involve a co-payment.

*In extractions:

Impacted tooth is a tooth that once fully developed does not fully erupt into the mouth, remaining totally or partially inside the bone, covered by gum or not.

Non impacted tooth is a tooth that once fully developed fully erupts in the mouth in a normal or abnormal position.